

التغذية عند الانسان



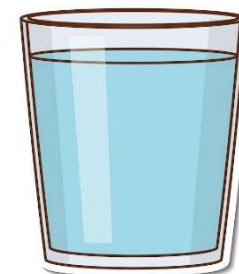
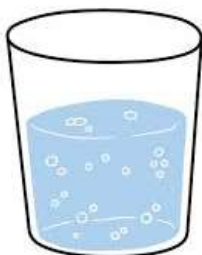
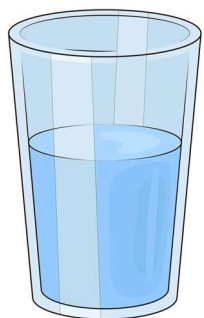
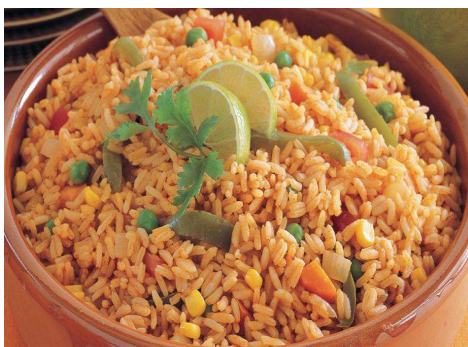
فطور الصباح





الغداء







العشاء



